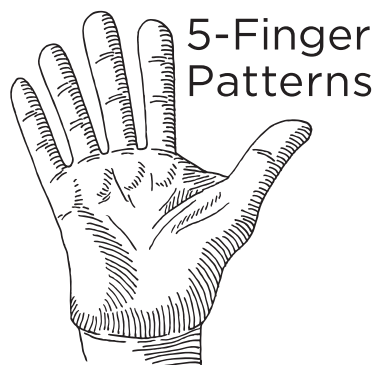
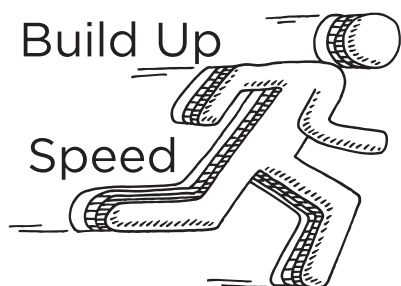
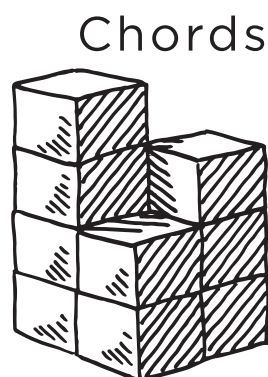
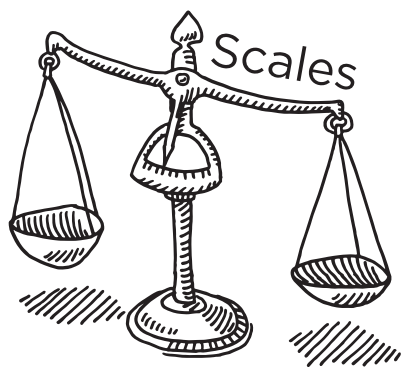


# Technique Pages

## Level 3



# A Note to Students

The **Technique Pages** have scales and chords for you to practice, so that you can become a better, stronger pianist. Think of these pages as a “workout” for your fingers!

## Why should I practice scales and chords?

Music is based on scales and chords, and becoming really good at playing both will make you a better overall musician. Practicing scales and chords will:

- strengthen your fingers
- improve finger coordination
- help you get familiar with the way different patterns feel
- improve your rhythm
- build concentration at the piano

...plus, it can be fun doing these “workouts!”

# A Note to Teachers

The **Technique Pages** are PDF downloads for selected units. These pages have exercises for scales, chords, cadences, strength, and dexterity. Each selected unit has a **Main Track** and an **Extended Track**. Students preparing for exams, certificates, and/or auditions should do both Tracks.

The exercises of the **Main Track** expand on the 5-finger patterns, scales, chords, and cadences introduced in the Lesson Book. There is also a preparatory page on playing with a metronome.

While use of a metronome in the Main Track is optional, the **Extended Track** has “target tempos” and a range of suggested tempos for practice. These tempos may be adjusted at the teacher’s discretion. The Extended Track has a greater emphasis on dexterity and finger strength, and is geared towards those students who enjoy technical practice.

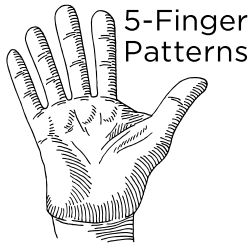
Teachers are encouraged to demonstrate the appropriate movements and gestures for each exercise, and to provide gentle reminders of proper sitting position, posture, and relaxation. **Technique Pages Level 3** introduces exercises involving extended use of blocked triads. Practicing these exercises *softly* and *slowly* at first helps to reduce unnecessary tension, as students learn to feel the various chord shapes. **Technique Pages Level 3** also introduces more challenging versions of scales not covered in the Lesson book:

- ✓ the **two-octave C major scale** (Unit 5, extended track),
- ✓ the **A melodic minor scale** (Unit 7, main track),
- ✓ the **three forms of the E minor scale** (Unit 7, extended track),
- ✓ and the **D melodic minor scale** (Unit 10, main track).

Teaching these more challenging scale forms is optional. These scales, along with the other extended track exercises, are intended for students who may be preparing for various exams.



Practice the 5-finger patterns at the bottom of the page 3 different ways:



**1. legato**—hands separately, then hands together 2 times

**2. staccato**—hands separately, then hands together 2 times

**3. with two-note slurs**—hands separately, then hands together 2 times



Major 5-Finger Patterns

C Major

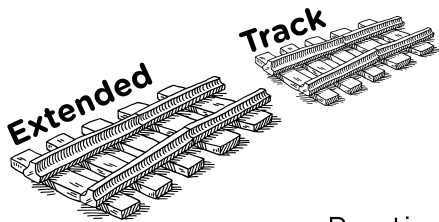
A Major

G Major

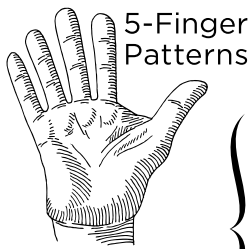
E Major

D Major

F Major



REVIEW



Practice the 5-finger patterns at the bottom of the page 2 different ways:

1. hands separately, then hands together 2 times

Musical notation for exercise 1 in 2/4 time. The right hand plays a descending pattern: 1 2 3 4 5 4 3 2 1. The left hand plays an ascending pattern: 5 4 3 2 1 2 3 4 5. The exercise is repeated twice.

2. hands separately, then hands together 2 times

Musical notation for exercise 2 in 2/4 time. The right hand plays an ascending pattern: 1 2 3 4 5 4 3 2 1. The left hand plays a descending pattern: 5 4 3 2 1 2 3 4 5. The exercise is repeated twice.



**Major 5-Finger Patterns Starting on Black Keys**

**D-flat Major**

Piano keyboard diagram for D-flat Major. The notes D $\flat$ , E $\flat$ , G $\flat$ , and A $\flat$  are highlighted. The root note F is also labeled.

**E-flat Major**

Piano keyboard diagram for E-flat Major. The notes E $\flat$ , A $\flat$ , and B $\flat$  are highlighted. The root notes F and G are also labeled.

**A-flat Major**

Piano keyboard diagram for A-flat Major. The notes A $\flat$ , B $\flat$ , D $\flat$ , and E $\flat$  are highlighted. The root note C is also labeled.

**G-flat Major**

Piano keyboard diagram for G-flat Major. The notes G $\flat$ , A $\flat$ , B $\flat$ , and D $\flat$  are highlighted. The root notes C and C $\flat$  are also labeled.

**B-flat Major**

Piano keyboard diagram for B-flat Major. The notes B $\flat$ , E $\flat$ , and F are highlighted. The root notes C and D are also labeled.